

# FEBRUARY 2023

## FAMILY OF FAITH - MIRAMESA

Lunches Provided By:  
**Roadrunner Foods**  
 (p) 281-565-7902  
[www.RoadrunnerFoodService.com](http://www.RoadrunnerFoodService.com)

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**6**  
 B: Oatmeal & Apple Sauce  
 AM Snack: Nutri-Grain Bars  
 Oven Baked Fish Sticks  
 Mixed Vegetables  
 Cinnamon Baked Peaches  
 V: Veggie Nuggets  
 PM Snack: Goldfish & Danimals

**7**  
 B: Pancake on a Stick  
 AM Snack: Veggie Straws & Cheese Squares  
 Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken  
 Oven Roasted Baby Carrots  
 Seasonal Fresh Fruit  
 V: Bow Tie Pasta w/ Veggie "Chicken"  
 PM Snack: Nilla Wafers & Fresh Fruit

**1**  
 B: Waffles & Fresh Fruit  
 AM Snack: Chex-Mix & Fresh Fruit  
 Chicken Fajita Soft Tacos w/ Cheese & Tri-Colored Bell Peppers  
 Spanish Rice w/ Mixed Veggies  
 Seasonal Fresh Fruit  
 V: Bean & Cheese Roll Up  
 PM Snack: Cheez-its & Fruit Snack

**2**  
 B: Muffins & Danimals  
 AM Snack: Graham Crackers & Gogurt  
 Arroz Con Pollo (Yellow Rice w/ Chicken & Veggies)  
 Oven Roasted Baby Carrots  
 Seasonal Fresh Fruit  
 V: Yellow Rice w/ Veggie "Chicken"  
 PM Snack: Shortbread Cookies & Applesauce

**3**  
 B: Nutri-Grain Bars  
 AM Snack: Crackers & Cheese Sticks  
 Meatballs & Waffle Fries  
 PM Snack: Cheerios & Fresh Fruit

**13**  
 B: Pop-Tarts & Peaches  
 AM Snack: Nutri-Grain Bars  
 Chicken & Spinach Rigatoni Pasta w/ Marinara Sauce  
 Crinkle Cut Carrots  
 Seasonal Fresh Fruit  
 V: Spinach Rigatoni w/ Marinara Sauce  
 PM Snack: Goldfish & Danimals

**14**  
 B: Sausage Links & Fresh Fruit  
 AM Snack: Veggie Straws & Cheese Squares  
 Pizza!  
 PM Snack: Nilla Wafers & Fresh Fruit

**8**  
 B: Sausage Biscuits w/Jelly  
 AM Snack: Chex-Mix & Fresh Fruit  
 Beef Burger w/ Cheddar Cheese  
 Buttered Corn  
 Seasonal Fresh Fruit  
 V: Veggie Burger  
 PM Snack: Cheez-its & Fruit Snack

**9**  
 B: French Toast Sticks  
 AM Snack: Graham Crackers & Gogurt  
 Oven Baked Chicken Tenders  
 Green Beans  
 Seasonal Fresh Fruit  
 V: Veggie Nuggets  
 PM Snack: Shortbread Cookies & Applesauce

**10**  
 B: Cereal w/Milk  
 AM Snack: Crackers & Cheese Sticks  
 Chicken Nuggets & Corn  
 PM Snack: Cheerios & Fresh Fruit

**15**  
 B: French Toast Sticks  
 AM Snack: Chex-Mix & Fresh Fruit  
 Baked Chicken W/ Mashed Potatoes  
 Green Beans  
 Seasonal Fresh Fruit  
 V: Veggie "Chicken" Strips  
 PM Snack: Cheez-its & Fruit Snack

**16**  
 B: Waffles & Fresh Fruit  
 AM Snack: Graham Crackers & Gogurt  
 Ground Beef Soft Tacos w/ Monterey Jack Cheese  
 Spanish Rice w/ Mixed Veggies  
 Seasonal Fresh Fruit  
 V: Bean & Cheese Roll Up  
 PM Snack: Shortbread Cookies & Applesauce

**17**  
 B: Cereal w/Milk  
 AM Snack: Crackers & Cheese Sticks  
 French Toast Sticks & Turkey Sausage  
 PM Snack: Cheerios & Fresh Fruit

**20**  
 Presidents Day  
 School Closed

**21**  
 B: Pancake on a Stick  
 AM Snack: Veggie Straws & Cheese Squares  
 Chicken Teriyaki Fried Rice w/ Mixed Veggies  
 Crinkle Cut Carrots  
 Seasonal Fresh Fruit  
 V: Teriyaki Fried Rice w/ Veggie "Chicken"  
 PM Snack: Nilla Wafers & Fresh Fruit

**22**  
 B: Sausage Links & Fresh Fruit  
 AM Snack: Chex-Mix & Fresh Fruit  
 Crispy Chicken Sandwich  
 Buttered Corn  
 Seasonal Fresh Fruit  
 V: Veggie "Chicken" Sandwich  
 PM Snack: Cheez-its & Fruit Snack

**23**  
 B: Oatmeal & Applesauce  
 AM Snack: Graham Crackers & Gogurt  
 Hawaiian Turkey & Cheddar Cheese Sliders  
 Peas & Carrots Blend  
 Seasonal Fresh Fruit  
 V: Veggie Nuggets  
 PM Snack: Shortbread Cookies & Applesauce

**24**  
 B: Pop-Tarts & Fresh Fruit  
 AM Snack: Crackers & Cheese Sticks  
 Pizza!  
 PM Snack: Cheerios & Fresh Fruit

**27**  
 B: Muffins & Applesauce  
 AM Snack: Nutri-Grain Bars  
 Oven Baked Chicken Tenders  
 Sweet Peas  
 Seasonal Fresh Fruit  
 V: Veggie Nuggets  
 PM Snack: Goldfish & Danimals

**28**  
 B: Nutri-Grain Bars  
 AM Snack: Veggie Straws & Cheese Squares  
 Breakfast For Lunch!  
 Mini Buttermilk Pancakes w/ Syrup  
 Turkey Sausage Patty  
 Seasonal Fresh Fruit  
 V: Veggie "Sausage" Patty  
 PM Snack: Nilla Wafers & Fresh Fruit



\*All menu items are subject to change without notice due to availability, freshness, and quality of ingredients\*