Roadrunner Foods

(p) 281-565-7902

www.RoadrunnerFoodService.com

FEBRUARY 2023 FAMILY OF FAITH - MIRAMESA

Monday	Tuesday	Wednesday	Thursday	Friday
		B: Waffles & Fresh Fruit AM Snack: Chex-Mix & Fresh Fruit Chicken Fajita Soft Taços w/ Cheese &	B: Muffins & Danimals AM Snack: Graham Crackers & Gogurt Arroz Con Pollo (Yellow Rice w/	B: Nutri-Grain Bars AM Snack: Crackers & Cheese Sticks
		Tri-Ćolored Bell Peppers Spanish Rice w/ Mixed Veggies Seasonal Fresh Fruit V: Bean & Cheese Roll Up	Chicken & Veggies) Oven Roasted Baby Carrots Seasonal Fresh Fruit V: Yellow Rice w/ Veggie "Chicken"	Meatballs & Waffle Fries
		PM Snack: Cheez-its & Fruit Snack	PM Snack: Shortbread Cookies & Applesauce	PM Snack: Cheerios & Fresh Fruit
B: Oatmeal & Apple Sauce AM Snack: Nutri-Grain Bars	B: Pancake on a Stick AM Snack: Veggie Straws & Cheese	B: Sausage Biscuits w/Jelly AM Snack: Chex-Mix & Fresh Fruit	B: French Toast Sticks AM Snack: Graham Crackers & Gogurt	B: Cereal w/Milk AM Snack: Crackers & Cheese Sticks
Oven Baked Fish Sticks Mixed Vegetables Cinnamon Baked Peaches	Squares Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken Oven Roasted Baby Carrots	Beef Burger w/ Cheddar Cheese Buttered Corn Seasonal Fresh Fruit	Oven Baked Chicken Tenders Green Beans Seasonal Fresh Fruit V: Veggie Nuggets	Chicken Nuggets & Corn
V: Veggie Nuggets PM Snack: Goldfish & Danimals	Seasonal Fresh Fruit V: Bow Tie Pasta w/ Veggie "Chicken" PM Snack: Nilla Wafers & Fresh Fruit	V: Veggie Burger PM Snack: Cheez-its & Fruit Snack	PM Snack: Shortbread Cookies & Applesauce	PM Snack: Cheerios & Fresh Fruit
B: Pop-Tarts & Peaches AM Snack: Nutri-Grain Bars	B: Sausage Links & Fresh Fruit AM Snack: Veggie Straws & Cheese Squares	B: French Toast Sticks AM Snack: Chex-Mix & Fresh Fruit Baked Chicken W/ Mashed Potatoes	B: Waffles & Fresh Fruit AM Snack: Graham Crackers & Gogurt	B: Cereal w/Milk AM Snack: Crackers & Cheese Sticks
Chicken & Spinach Rigatoni Pasta w/ Marinara Sauce Crinkle Cut Carrots Seasonal Fresh Fruit	Pizza!	Green Beans Seasonal Fresh Fruit V: Veggie "Chicken" Strips	Ground Beef Soft Tacos w/ Monterey Jack Cheese Spanish Rice w/ Mixed Veggies Seasonal Fresh Fruit	French Toast Sticks & Turkey Sausage
V: Spinach Rigatoni w/ Marinara Sauce PM Snack: Goldfish & Danimals	PM Snack: Nilla Wafers & Fresh Fruit	PM Snack: Cheez-its & Fruit Snack	V:: Bean & Cldese Roll Up PM Snack: Shortbread Cookies & Applesauce	PM Snack: Cheerios & Fresh Fruit
20	B: Pancake on a Stick AM Snack: Veggie Straws & Cheese	B: Sausage Links & Fresh Fruit AM Snack: Chex-Mix & Fresh Fruit	B: Oatmeal & Applesauce AM Snack: Graham Crackers & Gogurt	B: Pop-Tarts & Fresh Fruit AM Snack: Crackers & Cheese Sticks
Presidents Day School Closed	Squares Chicken Teriyaki Fried Rice w/ Mixed Veggies Crinkle Cut Carrots	Crispy Chicken Sandwich Buttered Corn Seasonal Fresh Fruit	Hawaiian Turkey & Cheddar Cheese Sliders Peas & Carrots Blend Seasonal Fresh Fruit	Pizza!
	Seasonal Fresh Fruit V: Teriyaki Fried Rice w/ Veggie "Chicken" PM Snack: Nilla Wafers & Fresh Fruit	V: Veggie "Chicken" Sandwich PM Snack: Cheez-its & Fruit Snack	V: Veggie Nuggets PM Snack: Shortbread Cookies & Applesauce	PM Snack: Cheerios & Fresh Fruit
B: Muffins & Applesauce AM Snack: Nutri-Grain Bars	B: Nutri-Grain Bars AM Snack: Veggie Straws & Cheese			
Oven Baked Chicken Tenders Sweet Peas Seasonal Fresh Fruit	Squares Breakfast For Lunch! Mini Buttermilk Pancakes w/ Syrup Turkey Sausage Patty Seasonal Fresh Fruit			
V: Veggie Nuggets PM Snack: Goldfish & Danimals	V: Veggie "Sausage" Patty PM Snack: Nilla Wafers & Fresh Fruit			

FEBRUARY 2023 FAMILY OF FAITH - COPPERFIELD

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Thursday Monday Tuesday Wednesday Friday B: Waffles & Fresh Fruit B: Nutri-Grain Bars B: Muffins & Danimals AM Snack: Chex-Mix & Fresh Fruit AM Snack: Crackers & Cheese Sticks AM Snack: Graham Crackers & Gogurt Chicken Fajita Soft Tacos w/ Cheese & Tri-Colored Bell Peppers Arroz Con Pollo (Yellow Rice w/ Chicken & Veggies) Spanish Rice w/ Mixed Veggies Oven Baked Cheese Pizza, Green Beans and Oven Roasted Baby Carrots Seasonal Fresh Fruit Cinnamon Baked Apples Seasonal Fresh Fruit V: Yellow Rice w/ Veggie "Chicken" PM Snack: Shortbread Cookies & Applesauce V: Bean & Cheese Roll Up PM Snack: Cheerios & Fresh Fruit PM Snack: Cheez-its & Fruit Snack B: Cereal w/Milk B: Oatmeal & Apple Sauce B: Pancake on a Stick B: Sausage Biscuits w/Jelly B: French Toast Sticks AM Snack: Crackers & Cheese Sticks AM Snack: Nutri-Grain Bars AM Snack: Veggie Straws & Cheese AM Snack: Chex-Mix & Fresh Fruit AM Snack: Graham Crackers & Gogurt Oven Baked Fish Sticks Beef Burger w/ Cheddar Cheese Oven Baked Chicken Tenders Bow Tie Pasta in a Lemon Butter Sauce Oven Baked Cheese Pizza. Sweet Peas and Mixed Vegetables Green Beans Buttered Corn Cinnamon Baked Apples w/ Grilled Chicken Seasonal Fresh Fruit Cinnamon Baked Peaches Seasonal Fresh Fruit V: Veggie Nuggets Oven Roasted Baby Carrots V: Veggie Nuggets Seasonal Fresh Fruit V: Veggie Burger V: Bow Tie Pasta w/ Veggie "Chicken" PM Snack: Shortbread Cookies & Applesauce PM Snack: Cheerios & Fresh Fruit PM Snack: Goldfish & Danimals PM Snack: Nilla Wafers & Fresh Fruit PM Snack: Cheez-its & Fruit Snack B: Pop-Tarts & Peaches B: French Toast Sticks B: Sausage Links & Fresh Fruit B: Cereal w/Milk B: Waffles & Fresh Fruit AM Snack: Chex-Mix & Fresh Fruit AM Snack: Nutri-Grain Bars AM Snack: Veggie Straws & Cheese AM Snack: Crackers & Cheese Sticks AM Snack: Graham Crackers & Gogurt Baked Chicken W/ Mashed Potatoes Squares Chicken & Spinach Rigatoni Pasta w/ Green Beans Ground Beef Soft Tacos w/ Monterey Jack Oven Baked Cheese Pizza, Buttered Corn Marinara Sauce French Toast Sticks w/Syrup, Turkey Seasonal Fresh Fruit Cheese Spanish Rice w/ Mixed Veggies Seasonal Fresh Fruit and Cinnamon Baked Apples Crinkle Cut Carrots Sausage Patty and Seasonal Fresh Fruit 🖊 Seasonal Fresh Fruit V: Veggie "Chicken" Strips V: Veggie Sausage Patty V:: Bean & Cheese Roll Up PM Snack: Cheerios & Fresh Fruit V: Spinach Rigatoni w/ Marinara Sauce PM Snack: Shortbread Cookies & Applesauce PM Snack: Goldfish & Danimals PM Snack: Nilla Wafers & Fresh Fruit PM Snack: Cheez-its & Fruit Snack B: Pancake on a Stick B: Sausage Links & Fresh Fruit B: Oatmeal & Applesauce B: Pop-Tarts & Fresh Fruit AM Snack: Veggie Straws & Cheese AM Snack: Graham Crackers & Gogurt AM Snack: Chex-Mix & Fresh Fruit AM Snack: Crackers & Cheese Sticks Squares Presidents Day Hawaiian Turkey & Cheddar Cheese Crispy Chicken Sandwich Buttered Corn Oven Baked Cheese Pizza, Mixed Sliders Peas & Carrots Blend School Closed Vegetables and Cinnamon Baked Apples Seasonal Fresh Fruit Seasonal Fresh Fruit Chicken Teriyaki Fried Rice w/ Mixed Veggies V: Veggie Nuggets PM Snack: Shortbread Cookies & Applesauce V: Veggie "Chicken" Sandwich PM Snack: Cheerios & Fresh Fruit Crinkle Cut Carrots PM Snack: Cheez-its & Fruit Snack PM Snack: Nise also need & Feesth Fruit B: Nutri-Grain Bars B: Muffins & Applesauce AM Snack: Veggie Straws & Cheese AM Snack: Nutri-Grain Bars Squares Breakfast For Lunch! Oven Baked Chicken Tenders Mini Buttermilk Pancakes w/ Syrup Sweet Peas Turkey Sausage Patty Seasonal Fresh Fruit Seasonal Fresh Fruit V: Veggie Nuggets V: Veggie "Sausage" Patty PM Snack: Goldfish & Danimals PM Snack: Nilla Wafers & Fresh Fruit