

FEBRUARY 2022

The Family of Faith Preschool

Lunches Provided By:
 Roadrunner Foods
 (p) 281-565-7902
 (f) 281-565-7904
 RoadrunnerFoodService.com

Monday

Tuesday

Wednesday

Thursday

Friday

7
 Chicken & Spinach Penne Pasta w/ Marinara Sauce
 Wheat Roll
 V: Spinach Penne Pasta w/ Marinara

8
 Ground Beef Soft Tacos w/ Monterey Jack Cheese
 Spanish Rice w/ Mixed Veggies
 V: Bean & Cheese Taco

9
Breakfast for Lunch
 Buttermilk Waffles w/ Syrup
 Oven Baked Chicken Tenders
 V: Veggie Sausage Patty

10
 Beef Meatballs w/ Gravy over Steamed White Rice
 Steamed Broccoli
 V: Veggie Meatballs

11
 Oven Baked Cheese Pizza
 Buttered Corn

14
 Chicken Teriyaki Fried Rice w/ Mixed Vegetables
 Wheat Roll
 V: Teriyaki Fried Rice w/ Mixed Veggies

15
 BBQ Baked Chicken Breast w/ Mashed Potatoes
 California Veggie Blend
 V: Veggie BBQ "Chicken" Chicken Strips

16
 Spaghetti w/ Beef Meat Sauce
 Wheat Roll
 V: Spaghetti w/ Veggie "Meat" Sauce

17
 Chicken Fajita Soft Tacos
 Spanish Rice w/ Mixed Veggies
 V: Cheese Quesadilla

18
 Oven Baked Cheese Pizza
 Green Beans

21
 Oven Baked Fish Sticks
 Mashed Potatoes
 V: Veggie Nuggets

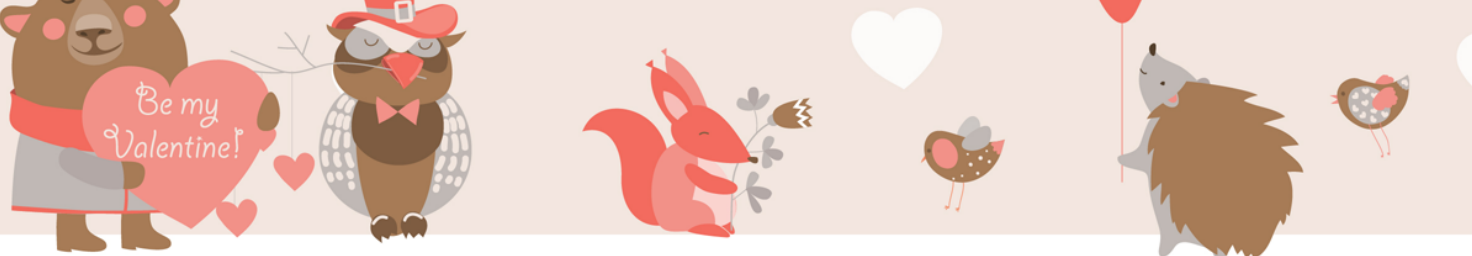
22
 Chicken Parmesan w/ Mozzarella
 Spaghetti w/ Marinara Sauce
 V: Veggie "Chicken" Parmesan

23
Breakfast for Lunch
 Buttermilk Waffles w/ Syrup
 Turkey Sausage Patty
 V: Veggie Sausage Patty

24
 Oven Baked Chicken Tenders
 Potatoes Au Gratin
 V: Veggie Nuggets

25
 Oven Baked Cheese Pizza
 Crinkle Cut Carrots

28
 Chicken & Cheese Quesadilla
 Spanish Rice w/ Mixed Veggies
 V: Cheese Quesadilla



All menu items are subject to change without notice due to availability, freshness, and quality of ingredients