

APRIL 2021

The Family of Faith Preschool

Lunches Provided By:
 Roadrunner Foods
 (p) 281-565-7902
 (f) 281-565-7904
 RoadrunnerFoodService.com

Monday

Tuesday

Wednesday

Thursday

Friday



5
B: Oatmeal
 AM Snack: Chewy Bar
 L: Chicken Teriyaki Fried Rice w/ Mixed Veggies; Crinkle Cut Carrots
 PM Snack: Chex Mix
 V: Teriyaki Fried Rice w/ Veggie "Chicken"

6
B: Pop Tarts
 AM Snack: Graham Crackers
 L: Ground Beef Sloppy Joe Buttered Corn
 PM Snack: Goldfish
 V: Veggie "Meat" Sloppy Joe

7
B: Yogurt w/Fruit
 AM Snack: Cheerios
 L: French Toast Sticks w/ Syrup Turkey Sausage Patty
 PM Snack: Cheese Balls
 V: Veggie Sausage Patty

8
B: Nutri Grain Bar
 AM Snack: Animal Cracker
 L: Oven Baked Chicken Legs Mashed Sweet Potatoes
 PM Snack: Veggie Straws
 V: Cheesy Broccoli & Rice Casserole

9
GOOD FRIDAY CLOSED

12
B: Eggs w/Sausage
 AM Snack: Cheerios
 L: Chicken & Cheese Quesadilla Spanish Rice w/ Mixed Veggies
 PM Snack: Cheez ITS
 V: Cheese Quesadilla

13
B: Cereal
 AM Snack: Vanilla Wafers
 L: Oven Baked Fish Sticks Crinkle Cut Carrots
 PM Snack: RITZ Crackers
 V: Veggie Nuggets

14
B: Muffins
 AM Snack: Chewy Bar
 L: Spaghetti w/ Beef Bolognese Garlic Bread Sticks
 PM Snack: Chex Mix
 V: Spaghetti w/ Marinara Sauce

15
B: Mini Pancakes
 AM Snack: Animal Crackers
 L: Crispy Chicken Sandwich Green Beans
 PM Snack: Cheese Balls
 V: Veggie Burger

16
B: Oatmeal
 AM Snack: Goldfish
 L: Oven Baked Cheese Pizza Mixed Veggies
 PM Snack: Popcorn

19
B: Pancake Sticks
 Am Snack: Graham Crackers
 L: Buttermilk Waffles w/ Syrup Oven Baked Chicken Tenders
 PM Snack: Veggie Straws
 V: Veggie Nuggets

20
B: Nutri Gain Bar
 Am Snack: Cheerios
 L: Fettuccine Alfredo w/ Grilled Chicken Oven Roasted Baby Carrots
 PM Snack: Goldfish
 V: Fettuccine Alfredo

21
B: Toast w/Jelly
 AM Snack: Animal Crackers
 L: Cheeseburger; Buttered Corn
 PM Snack: Cheese Balls
 V: Veggie Burger

22
B: Cereal
 Am Snack: Fruit Snacks
 L: Oven Baked Mini Turkey Corndogs Loaded Mashed Potatoes
 PM Snack: Chewy Bar
 V: Veggie Nuggets

23
B: Yogurt w/Fruit
 Am Snack: Cheez ITS
 L: Oven Baked Cheese Pizza Crinkle Cut Carrots
 PM Snack: Popcorn

26
B: Muffins
 Am Snack: Cheerios
 L: Ground Beef Soft Taco w/ Monterey Jack Cheese, Spanish Rich w/ Mixed Veggies
 PM Snack: Animal Crackers
 V: Bean & Cheese Roll-Ups

27
B: Eggs w/ Sausage
 AM Snack: Graham Crackers
 L: Parmesan Crusted Tilapia Mashed Potatoes
 PM Snack: Chex Mix
 V: Veggie Nuggets

28
B: Mini Pancakes
 AM Snack: Chewy Bar
 L: Beef Meatballs w/ Gravy over Egg Noodles, Green Beans
 PM Snack: Goldfish
 V: Veggie Meatballs over Egg Noodles

29
B: Pop Tarts
 AM Snack: Vanilla Wafers
 L: Oven Baked Chicken Tenders Cheesy Broccoli Rice
 PM Snack: RITZ Crackers
 V: Veggie Nuggets

30
B: Toast w/Jelly
 Am Snack: Veggie Straws
 L: Oven Baked Cheese Pizza Mixed Veggies
 PM Snack: Popcorn

All menu items are subject to change without notice due to availability, freshness, and quality of ingredients

